

Joyful Path of Good Fortune

THE COMPLETE BUDDHIST PATH TO ENLIGHTENMENT



Dharmapala
Buddhist Centre

Foundation Programme

If you've been enjoying weekly classes and feel that you would like to study some of the teachings in a more in-depth way, Foundation Programme (FP) could be for you. Foundation Programme is a wonderful opportunity to increase your understanding of Buddha's teachings (Dharma) by studying systematically six of Venerable Geshe Kelsang's books. Students are encouraged to put what they learn into practice so that they deepen their experience of the Dharma beyond mere intellectual understanding.

Students enrol for one book at a time and attend two classes a week. In classes you receive an oral transmission of the text from the teacher, a commentary to the text, and an opportunity to engage in both paired and group discussions with your fellow students. FP is on Sundays from 3.30 to 8pm.

We are about to start studying a new book, *Joyful Path of Good Fortune* so this is a perfect time to join FP. *Joyful Path* contains everything that you need to know to follow the path to happiness. It explains all of Buddha's teachings and how to practice them and is the perfect foundation for understanding how to lead a Buddhist way of life. Term starts 24th August, 2008, and includes an introduction to FP.

'FP really helped me to integrate Dharma into my daily life in an enjoyable and challenging way'. Jill

Please contact the Education Programme Coordinator, Kelsang Norjin at the Centre if you are interested in joining FP.
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