

MARCH CALENDAR – DHARMAPALA BUDDHIST CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31 Guru Yoga Mandala Offering Retreat Session Times 7.00 – 8.30; 10.00 – 11.30; 16.00 – 17.30; 19.30 – 21.00					1 Je Tsongkhapa & Dorje Shugdan Empowerments 10am – 5pm	2
3 QP 7.00 – 9.00 WFJ 11.30 – 12.40 GP 19.00 – 20.30	4 GP 9.30 – 11.00 WFJ 11.30 – 12.40 Learn to Meditate 19.00-20.30	5 Work a day for Dharma QP 7.00 – 9.00 WFJ 11.30 – 12.40 Lamrim 19.00 – 20.30	6 QP 7.00 – 9.00 WFJ 11.30 – 12.40 Tantric class (for those with HYT empowerment) 19.00 – 20.30	7 QP 7.00 – 9.00 WFJ 11.30 – 12.40 Learn to Meditate 9.30 – 11.00 TTP 17.00 – 19.00	8 Self Initiation (for those who have completed Nyempa) 7.00 – 12.00 TARA 16.00 - 17.00 WFJ 18.00 – 19.30	9 QP 7.00 – 9.00 WFJ 14.00 – 15.10 FP 15.30 – 20.00
10 QP 7.00 – 9.00 OTSG 11.30 – 13.30 GP 19.00 – 20.30	11 GP 9.30 – 11.00 WFJ 11.30 – 12.40	12 QP 7.00 – 9.00 WFJ 11.30 – 12.40 Lamrim 19.00 – 20.30	13 QP 7.00 – 9.00 WFJ 11.30 – 12.40 Tantric class (for those with HYT empowerment) 19.00 – 20.30	14 WFJ 11.30 – 12.40 TTP 17.00 – 19.00 Sojong (for Ordained Sangha) 19.30 – 20.30	15 Precepts Day Day Course As Stable as a Mountain 10.00 – 17.00 WFJ 18.00 – 19.30	16 QP 7.00 – 9.00 WFJ 14.00 – 15.10 FP 15.30 – 20.00
17 QP 7.00 – 9.00 WFJ 11.30 – 12.40	18 QP 7.00 – 9.00 WFJ 11.30 – 12.40	19 QP 7.00 – 9.00 WFJ 11.30 – 12.40	20 QP 7.00 – 9.00 WFJ 11.30 – 12.40	21	22	23
				Centre closed for Australian Dharma Celebration in Melbourne		
24	25 QP 7.00 – 9.00 WFJ 11.30 – 12.40 OTSG 19.00 – 21.00	26 QP 7.00 – 9.00 WFJ 11.30 – 12.40	27 QP 7.00 – 9.00 WFJ 11.30 – 12.40	28 QP 7.00 – 9.00 WFJ 11.30 – 12.40 Mandala Class 19.00 – 21.00	29 Day Course Learn to Meditate 10.00 – 17.00 Kangso 18.00 – 21.00	30 DY 7.00 – 8.00 Kids Club 9.30 – 11.00 WFJ 14.00 – 15.10 FP 15.30 – 20.00

Dharmapala Buddhist Centre
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GP General Program (classes suitable for all)
Kangso Melodious Drum Puja (chanted prayers)
QP/DY Quick Path/ Dakini Yoga (for HYT practitioners only)
WFJ Wishfulfilling Jewel Puja (chanted prayers & meditation)

Key
HJ Heart Jewel Puja (chanted prayers & meditation)
OTSG Offering to Spiritual Guide Puja (chanted prayers)
TARA Liberation from Sorrow Puja (chanted prayers)
FP/TTP Foundation Programme/Teacher Training Programme (Enrolled students only)

All classes and pujas are held at the Fremantle Centre unless otherwise stated. For information about branch classes in other areas please visit the website or phone the Centre.